Dr. Annette Vielleux is a licensed clinical psychologist with over a decade of experience specializing in trauma and dissociative disorders. Known for her grounded presence and deep compassion, she brings a rare blend of clinical expertise and intuitive insight to her work. After many years of guiding clients through traditional therapy, Annette felt called to offer a deeper, more soul-centered approach to healing — one that honors both the psyche and the spirit.

Her own Quantum Healing Hypnosis Technique (QHHT) session as a client was a life-changing experience that catalyzed her decision to leave her full-time agency job and move boldly into private practice. Inspired by that journey — and the work of Dolores Cannon and Michael Newton — she now offers *Sacred Soul Journeys* as a path for others to experience their own soul-level healing and clarity.

Annette lives nearby with her husband and four children and feels most at peace walking in the woods or working in her garden. She is honored to join the healing community at Riverside Studio and looks forward to supporting others in their journey toward inner clarity and soul remembrance.